

Sexuality/Gender Support

LGBTQ Partner Abuse and Sexual Assault Hotline 24-hour free and confidential telephone service for information or help	866-356-6998 Text 804-793-9999 Chat also available
The LGBT Life Center of Hampton Roads. Provide community meeting space; counseling; resource center; events; free HIV testing; transportation; housing	757-200-9198 www.lgbtlifecenter.org info@lgbtlifecenter.org

2-1-1 Virginia is a free service that can help you find the local resources you need. We are here for you 24 hours a day, seven days a week.
<https://211virginia.org>

For additional resources please check out our other Resource Guides
Volumes: A, C, D, and E

Volume A	Clothes Closets Employment Training & Assistance Food Pantries/ Nutrition Services Shelters/ Day Services/ Housing Services
Volume C	Household Assistance Government Resources ID Services Information & Referral Transportation
Volume D	Differently Abled Immigration Military/Veterans Senior Services
Volume E	Courts/ Jail Ministry Re-entry Legal Resources

Norfolk Community Partner Resource Guides

Volume B: HEALTH CARE SUPPORT GROUPS



Prepared by:
Norfolk Re-Entry Council, FBCI Committee
Norfolk Emergency Preparedness & Response Office
June 2019 Edition



The Norfolk Re-Entry Council focuses on the key barriers to successful offender re-entry, including: Employment and Education, Housing, Financial Obligations and Resources, Social Reintegration, and Physical and Mental Health/Substance Abuse.

The Faith-Based & Community Initiatives Committee (FBCI) focuses on strengthening partnerships with faith-based organizations and collaborates on initiatives that will enhance our community. The goal is to utilize the unique network of organizations in the Norfolk community to address the needs of returning citizens.

EMERGENCY CONTACTS

Police/Fire/Rescue	911
American Red Cross	804-780-2250
Child Protective Services	757-664-6022
ChildHelp National Child Abuse Hotline	800-422-4453
LGBTQ Partner Abuse and Sexual	800-838-8238
National Domestic Abuse Hotline	800-799-7233
Norfolk Community Services Board	757-664-7690
Poison Control Center	800-222-1222
Suicide Prevention Lifeline	800-273-8255
Virginia Family Violence/Sexual Assault Hotline	800-838-8238
YWCA Women's Crisis Hotline	757-251-0144

Mental Health/Substance Abuse (cont.)

Pathway to Life <i>Abuse; ADHD; anger; Bi-Polar; depression; mental retardation; PTSD; teen pregnancy</i>	757-395-4122 420N Center Dr, Ste 141 Norfolk, VA 23502
Providence Evangelical Friend Church <i>Faith-based support group and counseling</i>	757-420-3969 757-724-2273 5340 Providence Rd Virginia Beach, VA 23464
Second Chances <i>Mentoring and support group for justice-involved individuals</i>	757-664-4281 Norfolk City Hall 810 Union St #807 Norfolk, VA 23510
St. Mark RZUA Church <i>Faith-based counseling and mentoring</i>	757-627-3971 1513 Colonial Ave Norfolk, VA 23517
St. Timothy Lutheran Church <i>Alzheimer's support group meets the first Thursday of each month at 11:30am</i>	757-459-2500 1051 Kempsville Rd Norfolk, VA 23502
The UP Center <i>Mental health skill-building; family and youth counseling</i>	757-354-3819 150 Boush St, Ste 500 Norfolk, VA 23510
Tidewater Area of Narcotics Anonymous <i>Listings of Narcotics Anonymous support groups</i>	866-972-5055 www.tidewaterareana.org
Tidewater Intergroup Council of Alcoholics Anonymous <i>Listing of anonymous support groups</i>	757-490-3980 4968 Euclid Rd, Ste F Virginia Beach, VA 23462 www.tidewaterintergroup.org
Virginia Department of Health—OPIOID Addiction	757-683-2800 830 South Hampton Ave, Ste 200 Norfolk, VA 23510
Wesley Grace United Methodist Church <i>Meeting location for an Al-Alon group every Tuesdays at 11 am</i>	757-587-2996 288 East Little Creek Rd Norfolk, VA 23505
Youth Challenge of Hampton Roads <i>Faith-based addiction recovery services residential program services for men and women</i>	757-244-1234 (men's home) 757-244-8554 (women's home)
YWCA <i>Counseling, group therapy, housing support, outreach and education</i>	757-625-4248 500 East Plume St, Ste 700 Norfolk, VA 23510

Mental Health/Substance Abuse (cont.)

Gethsemane Community Fellowship Church <i>Living Water ministry provides Christian-based substance abuse support for addiction to drugs or alcohol</i>	757-622-0760 1317 Brambleton Ave Norfolk, VA 23504
Ghent United Methodist Church <i>Faith Based counseling</i>	757-622-2843 531 Raleigh Ave Norfolk, VA 23507
Grief Share <i>A friendly, caring group of people who will walk alongside you through one of life's most difficult experiences</i>	800-395-5755 www.griefshare.org <i>Check the website to find a local group</i>
Harbour Light Baptist Church <i>Faith-based counseling</i>	757-626-3935 1455 W 38th St Norfolk, VA 23508
Herald of His Coming COGIC <i>Faith-based counseling</i>	757-623-1312 727 E 27th St Norfolk, VA 23504
MisngPieces <i>Faith-based Counseling & Support Group</i>	757-822-4608 misngpieces@yahoo.com
New Calvary Baptist Church <i>HIV/AIDS</i>	757-627-1269 800 E Virginia Beach Blvd Norfolk, VA 23504
Norfolk Community Services Board <i>Mental health, intellectual disability; substance abuse treatment and rehabilitation, including opioid addiction</i> <ul style="list-style-type: none"> Crisis Hotline PATH Outreach-Homeless Project <i>For persons with severe mental health disorders, with or without co-occurring substance abuse disorders; also provides consultation and training on homelessness and mental health disorders to the community</i> 	757-823-1600 757-664-7690 757-823-1600 225 West Olney Rd. Norfolk, VA 23510 www.norfolk.gov/NCSB
Norfolk Department of Human Services <ul style="list-style-type: none"> Re-Entry T.E.A.M. <i>Counseling, Mentoring & Support Groups</i> Prevention Unit <i>Counseling, information, and referral</i> 	757-664-7799 201 E Little Creek Rd Norfolk, VA 23505 757-664-7790 741 Monticello Ave, Norfolk, VA 23510
Norfolk Prevention Coalition <i>Seeks to engage all community sectors to work together to reduce use of drugs, alcohol, and tobacco; offers REVIVE training</i>	www.Norfolk.gov/NPC

Medical/Dental

Access Partnership <i>Durable Medical Equipment (DME) and resources</i>	757-502-7400 1616 Centerville Turnpike, Ste 212 Virginia Beach, VA 23456
American Cancer Society-Hampton Roads Office <i>Learn about treatment options; get advice on coping with side effects or dealing with health insurance; free ride to treatment; free place to stay when treatment is far from home</i>	800-227-2345 757-493-7940 4416 Expressway Dr Virginia Beach, VA 23452 www.cancer.org Live chat available
American Diabetes Association <i>Advocacy for the prevention and cure for diabetes</i>	757-424-6662 870 Greenbrier Cir Greenbrier Tower, Ste 104 Chesapeake, VA 23320
Bon Secours Care-A-Van <i>Health care, mobile health care at various sites</i>	757-889-2273 Call for information and schedule of locations www.bshsi.org/careavan
Cover Virginia <i>VA health insurance program, health care coverage for pregnant women and children through FAMIS/FAMIS Plus; also for the aged, blind or disabled; Medicare Part D costs; Saving Program</i>	855-242-8282 855-635-4370 www.commonhelp.virginia.gov
EVMS HOPES Free Clinic <i>Serves uninsured with long-term and specialty care on Thursdays 6-9pm; appointment only; women's health clinic; dermatology; ophthalmology; orthopedics and ultrasound</i>	757-446-0366 830 South Hampton Ave Norfolk, VA 23510
EVMS Strelitz Diabetes Center <i>Health care, prescription, dental, vision</i>	855 Brambleton Ave Norfolk, VA 23510
Ghent Area Ministry <i>Health care, prescription, dental vision</i>	757-622-0438 1301 Colonial Ave, Ste 2 Norfolk, VA 23517
Hampton Roads Community Health Center (HRCHC) <i>Behavioral health; family practice; gynecology; internal medicine; medication assistance; pediatrics; dental; sliding scale fee</i>	757-393-6363 www.hrhc.org Check the website for locations
Healthy Smiles Dental Center and Mobile <i>Examinations and x-rays; preventive care; restorative care; emergency care</i>	757-399-4588 664 A Lincoln St Portsmouth, VA 23704 Call for locations and times
Lion's Club of District 24-D <i>Medical, eye care, hearing aid, cataract, and prosthetic eye assistance</i>	www.lcf24d.org/links Links to request forms on website
New Eyes for the Needy <i>New Prescription eyeglasses for residents in financial need</i>	973-376-4903 www.new-eyes.org info@new-eyes.org

Medical/Dental (cont.)

New Hope COGIC-Victory Ministry HIV/AIDS program enhances the quality of life for persons infected and affected by the disease through education; counseling and referrals; home and hospital visitation; and drug, food, clothing, and finance assistance	757-857-5315 3232 Brest Ave Norfolk, VA 23509 www.newhopecogic.org
Norfolk Department of Public Health • Chronic disease education and screening • Family planning & services • TB clinic • Immunizations • Women Infant and Children (WIC) nutrition • Food handling/manager certification courses • Mosquito monitoring and prevention • Quit Now Virginia	757-451-7150 www.norfolk.gov Multiple locations, call for details 800-784-8669
Old Dominion University - School of Dental Hygiene Oral screenings; oral prophylaxis; periodontal therapy; dental sealants; cavities; patient education	757-683-4308 4608 Hampton Blvd Health Science Bldg, First Floor Norfolk, VA 23529
Park Place Dental Clinic Extractions, fillings and cleanings to the homeless, low-income and uninsured adult residents of Norfolk based on eligibility	757-682-2692 606 W. 29th St Norfolk, VA 23508 www.parkplaceclinic.org
Partnership for Prescription Assistance	www.pparx.org Check the website to get prescription help and to find clinics, pharmacy locations and phone numbers
Planned Parenthood-Virginia Beach Health Center	757-499-7526 515 Newtown Rd Virginia Beach, VA 23462
St. Columba Ecumenical Ministries, Inc. Prescription medications; vision and dental programs is specifically for homeless individuals in Norfolk in need of emergency dental work and eye exams to get glasses; referral-based assistance	757-627-6748 2114 Lafayette Blvd Norfolk, VA 23509
The Union Mission Ministries Assist homeless individuals with prescription medication, medical supplies, bus passes, and health education for shelter guests	757-627-8686 5100 East Virginia Beach Blvd Norfolk, VA 23502

Medical/Dental (cont.)

Urban League of Hampton Roads, Inc. <i>Support fitness, good nutrition and medical care. Education, outreach and case management services are provided. Primary focus of the health program is to assist individuals that are HIV/AIDS positive</i>	757-226-7589 830 Goff St Norfolk, VA 23504
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Mental Health Support/Substance Abuse

Alzheimer's Association, Southern Virginia Chapter <i>Educational classes; monthly orientation; support groups</i>	800-272-3900 www.alz.org/seva
Bethlehem Missionary Baptist Church <i>Substance abuse support ministry</i>	757-623-1575 www.bbcnorfolk.org/home.html
Cancer Care Foundation of Tidewater <i>Supporting the emotional, practical and non-medical needs of cancer patients and their caregivers</i>	757-461-8488 www.ccfot.org
Catholic Charities of Eastern Virginia <i>Comprehensive compassionate services; referral support group and counseling</i>	757-533-5217 1301 Colonial Ave Norfolk, VA 23517
Church After God's Own Heart <i>Counseling—child, marriage, spiritual & substance abuse</i>	757-853-2022 7110 Clayton Dr Norfolk, VA 23513
Coastal Virginia Church <i>Abuse counseling</i>	757-461-5041 301 S Newtown Rd Norfolk, VA 23502
Compass <i>Intensive in-home services; mental health skill building; autism support; outpatient services for youth and family</i>	757-644-6391 7460 Central Business Park Dr Norfolk, VA 23513
Divorce Care <i>A friendly, caring group of people who will walk alongside you through one of life's most difficult experiences</i>	800-489-7778 www.divorcecare.org
First Baptist Church Berkley <i>Provides spiritual support and guidance for persons addicted to alcohol or drugs</i>	757-543-4296 706 Berkley Ave Ext Norfolk, VA 23523
Garden of Hope <i>Family Health Project; I Am My Sister's Keeper; HIV support and advocacy program</i>	757-390-4328 1317 East Brambleton Ave Norfolk, VA 23504